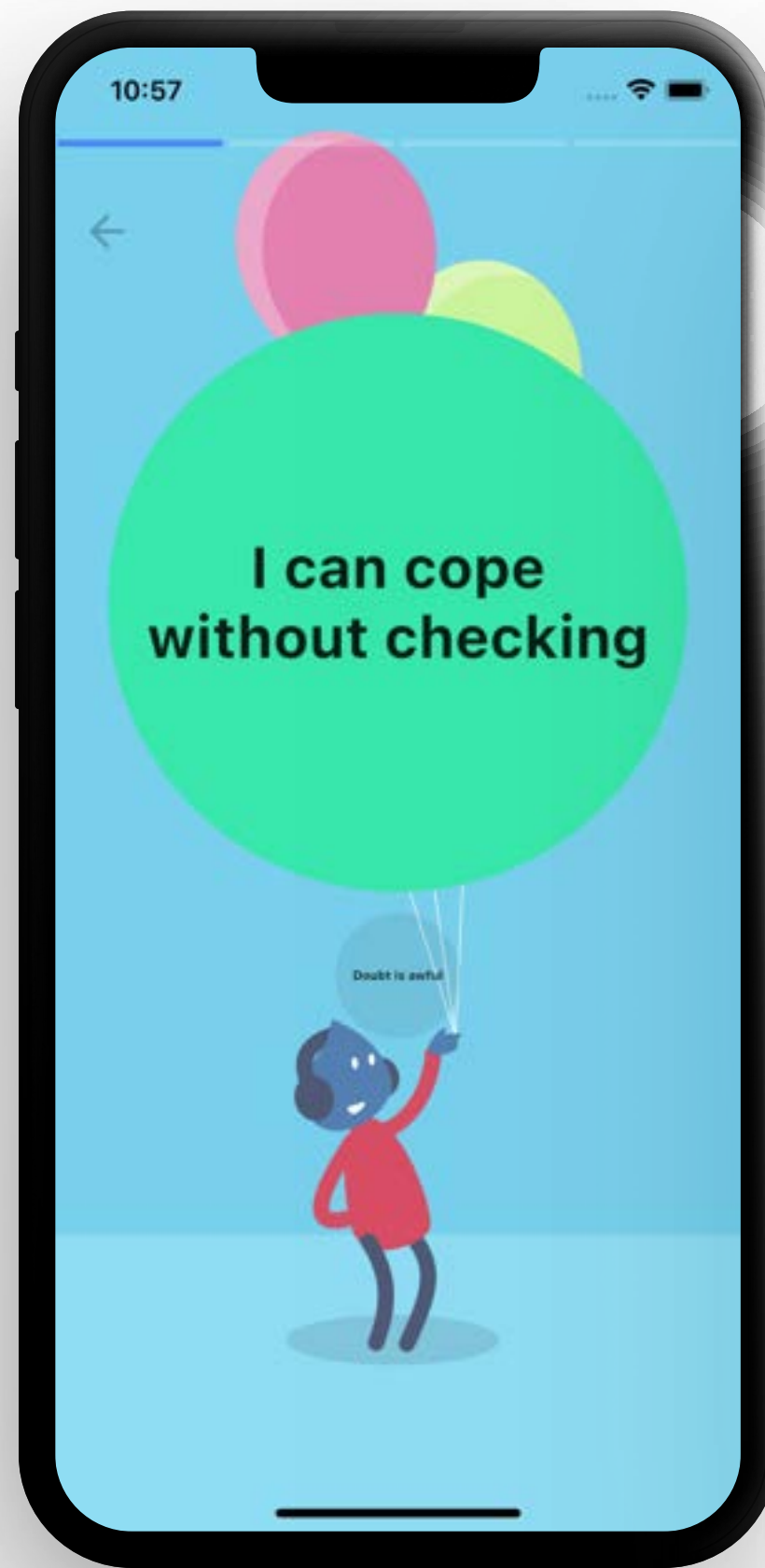
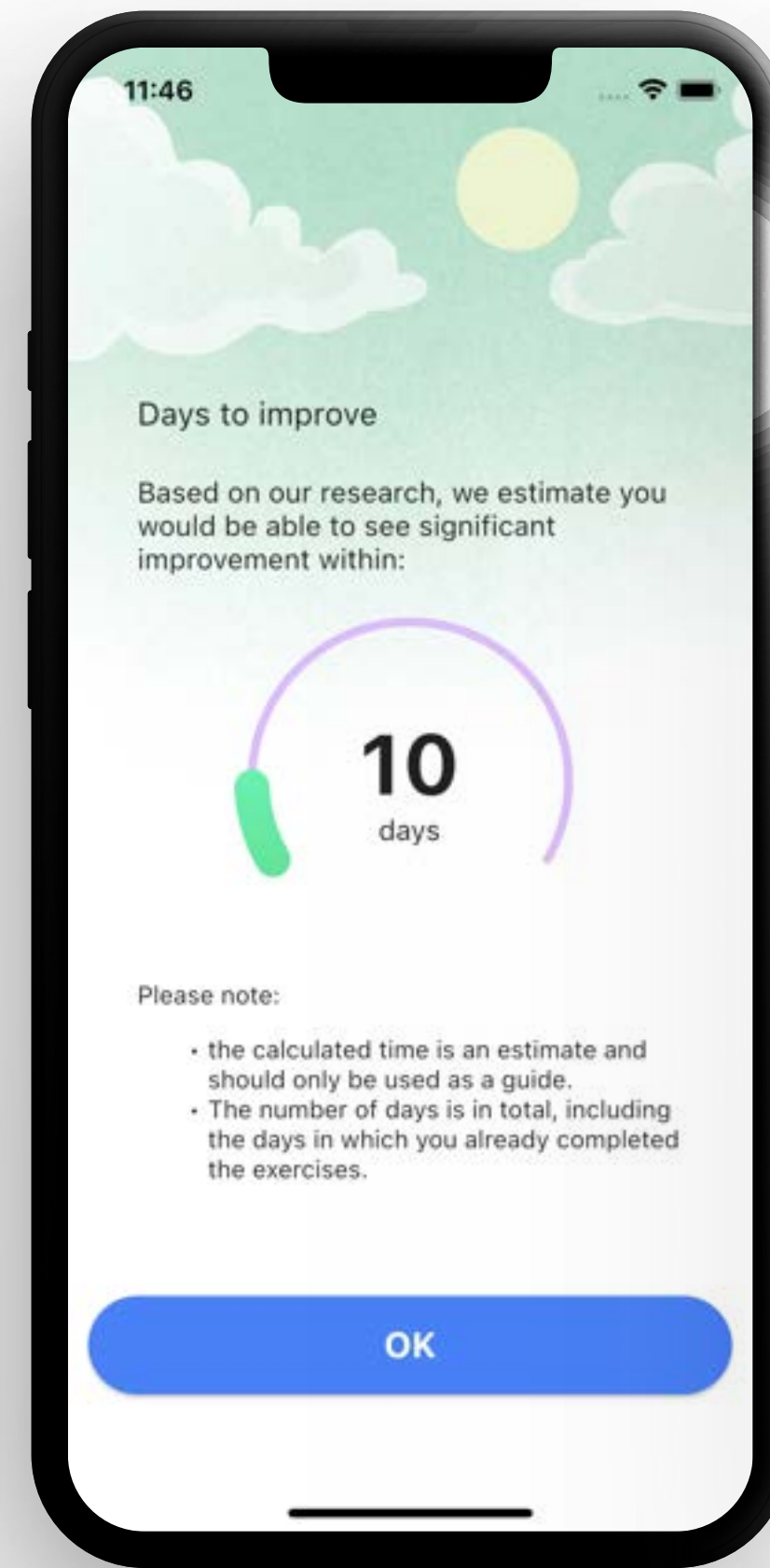


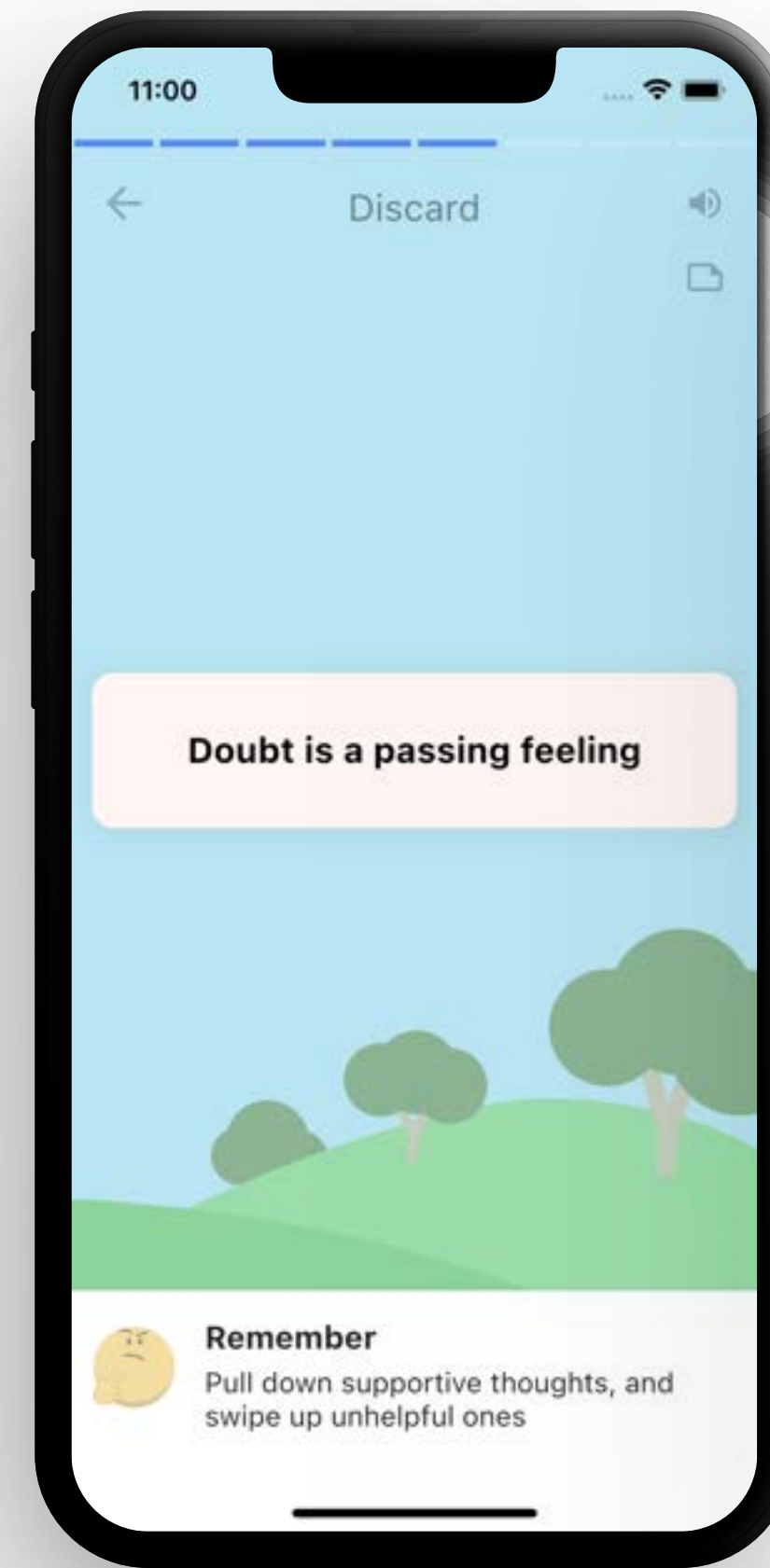
# cCBT re-imagined



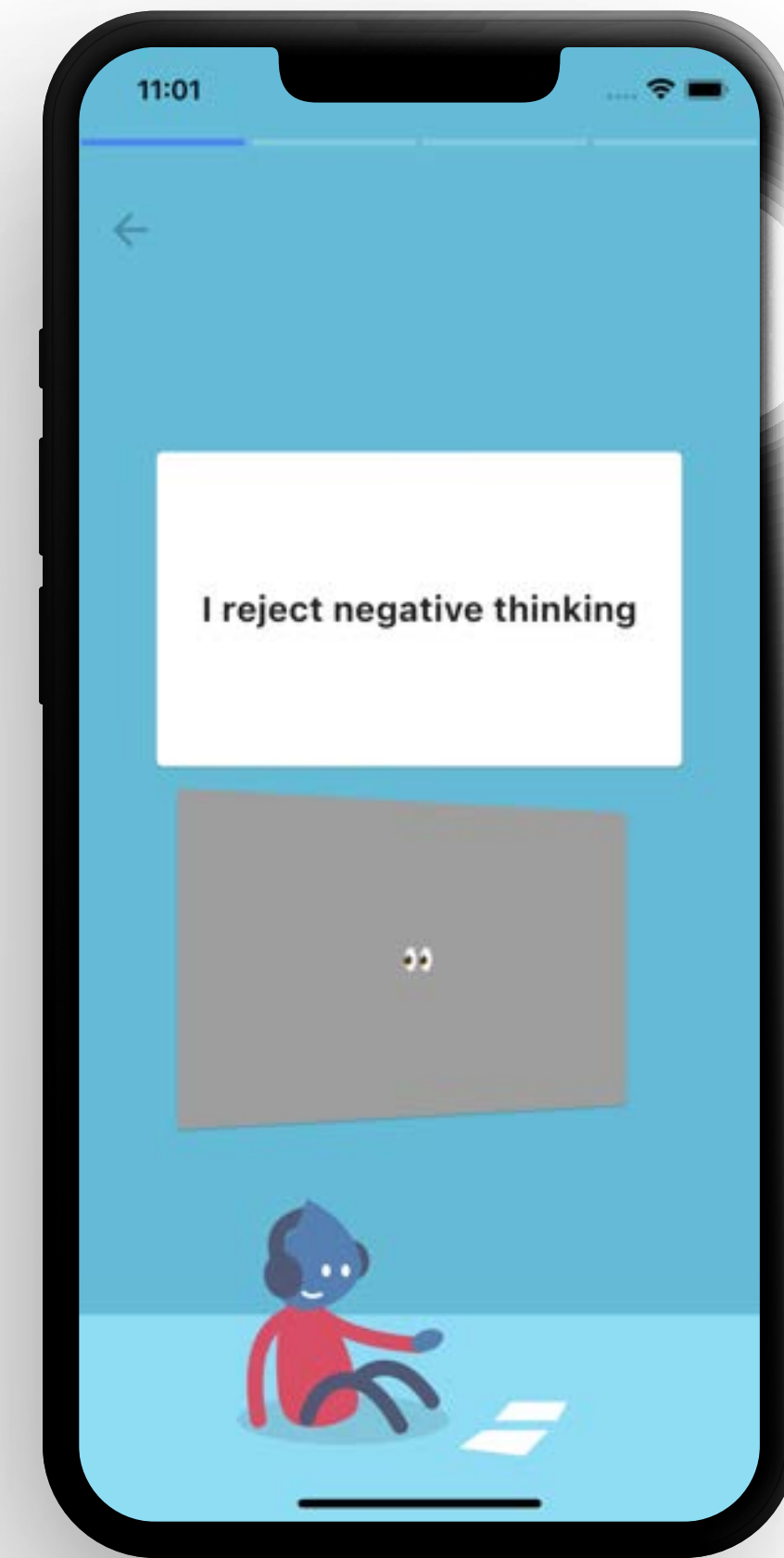
Game-like



AI Based

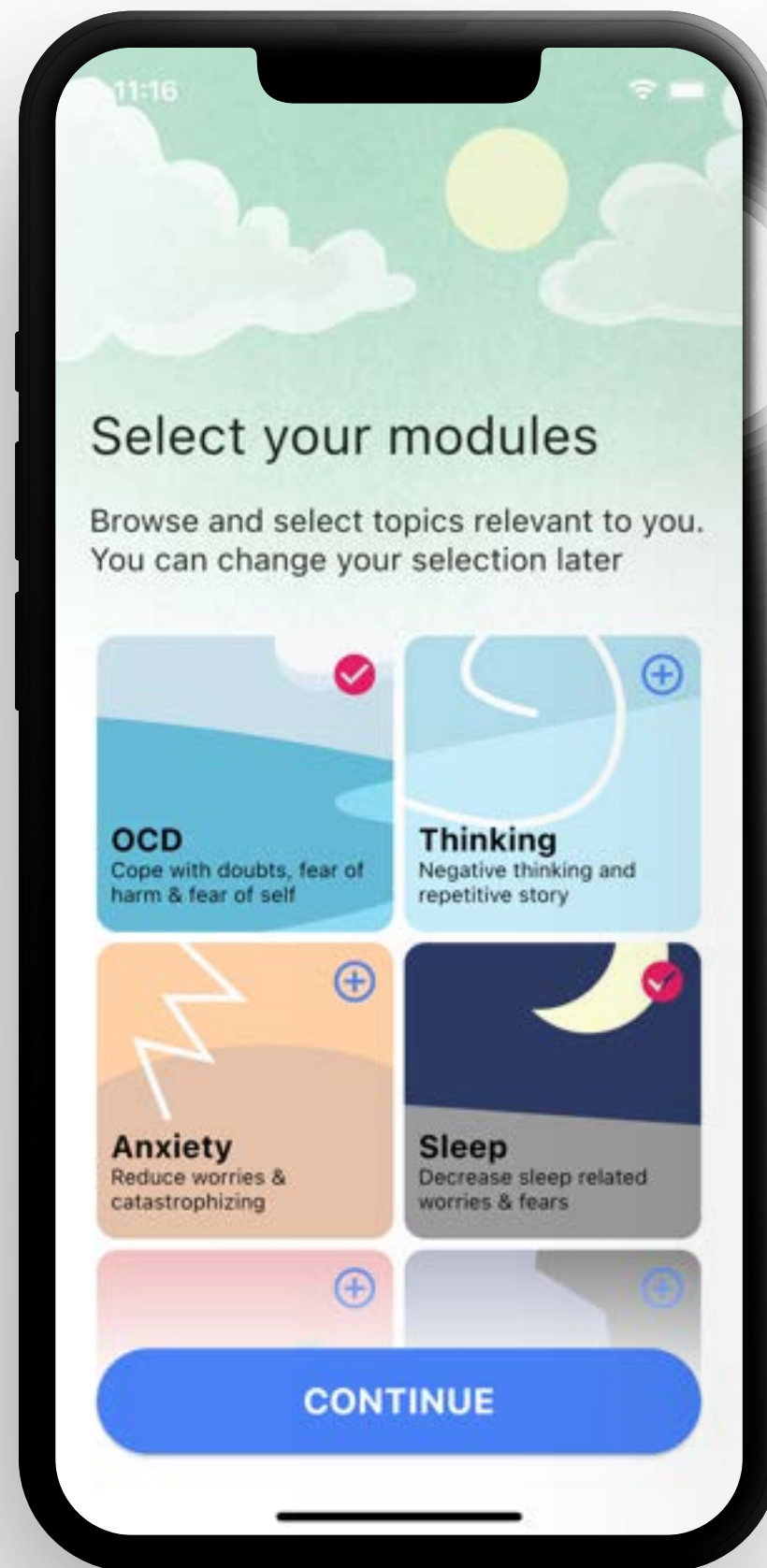


3-4 minutes

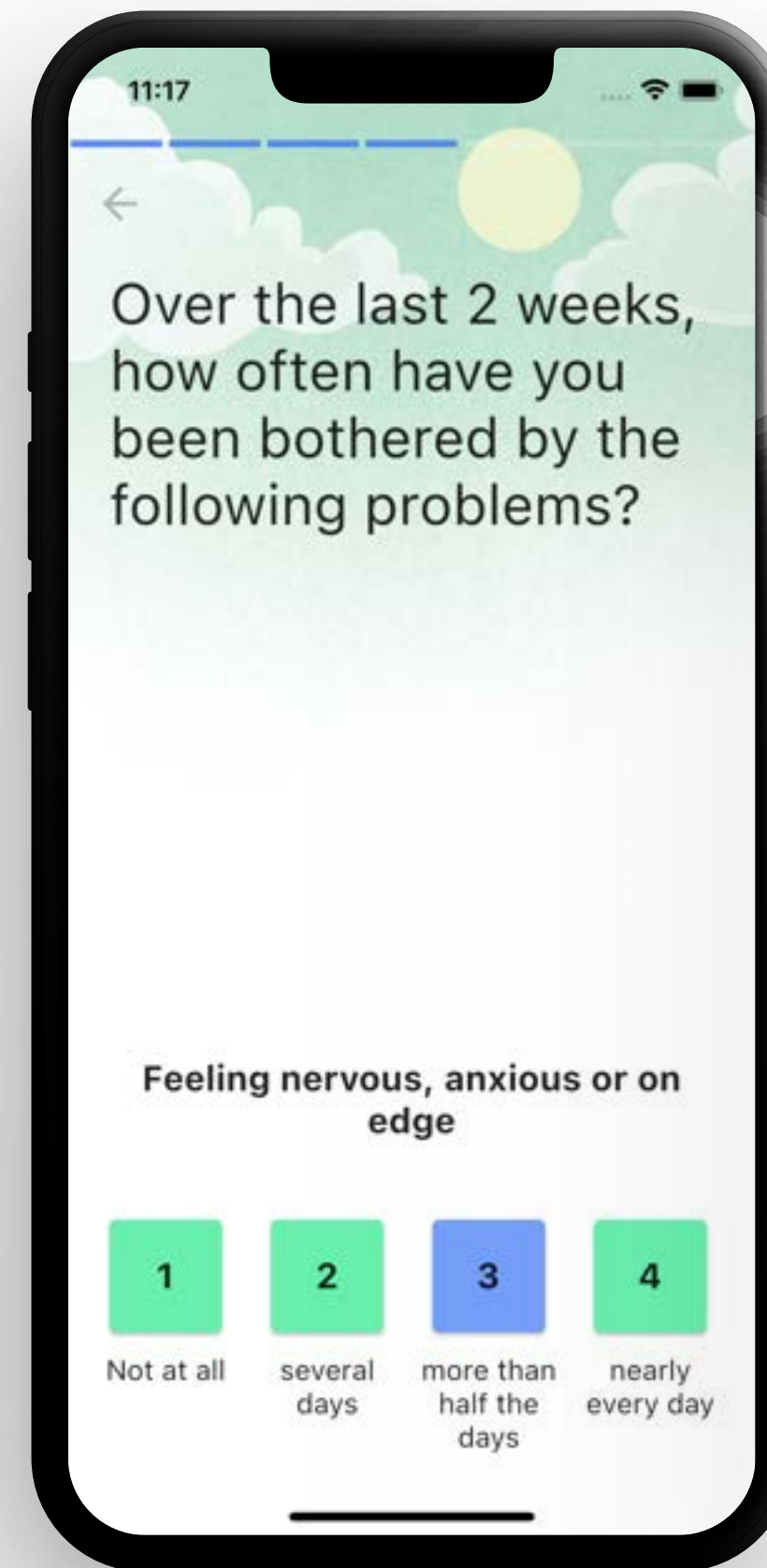


Engaging

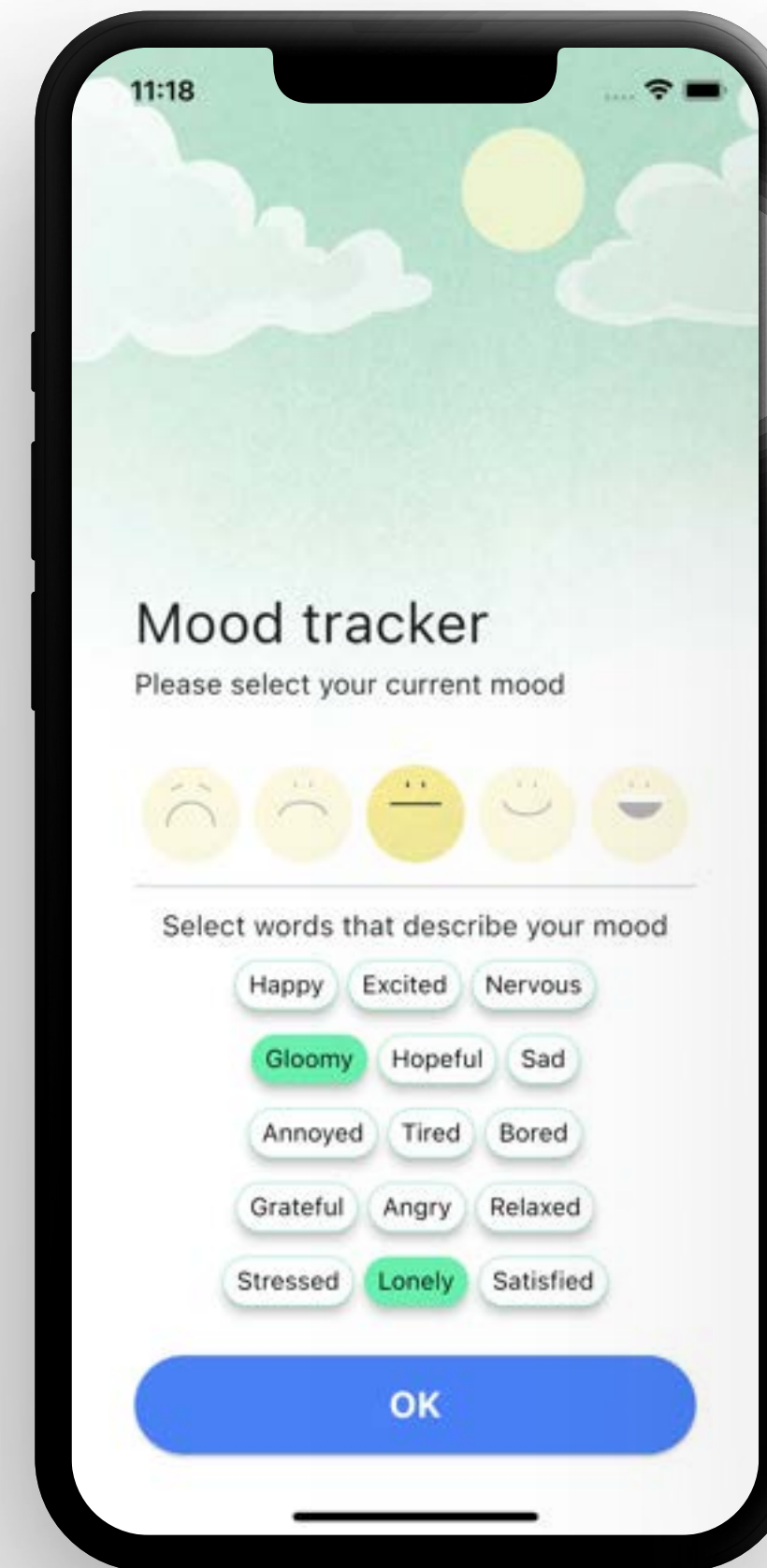
# User personalization



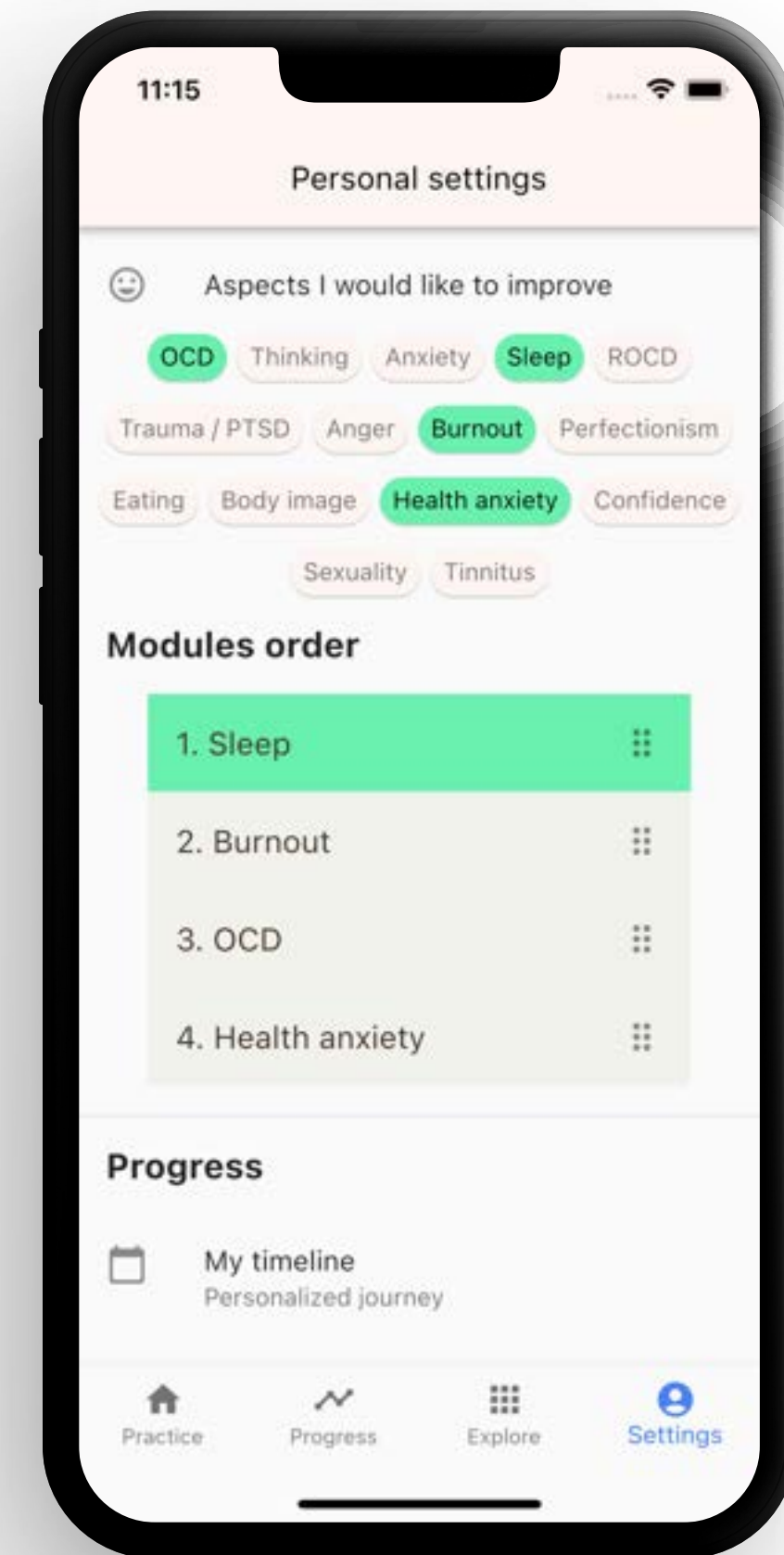
User selection



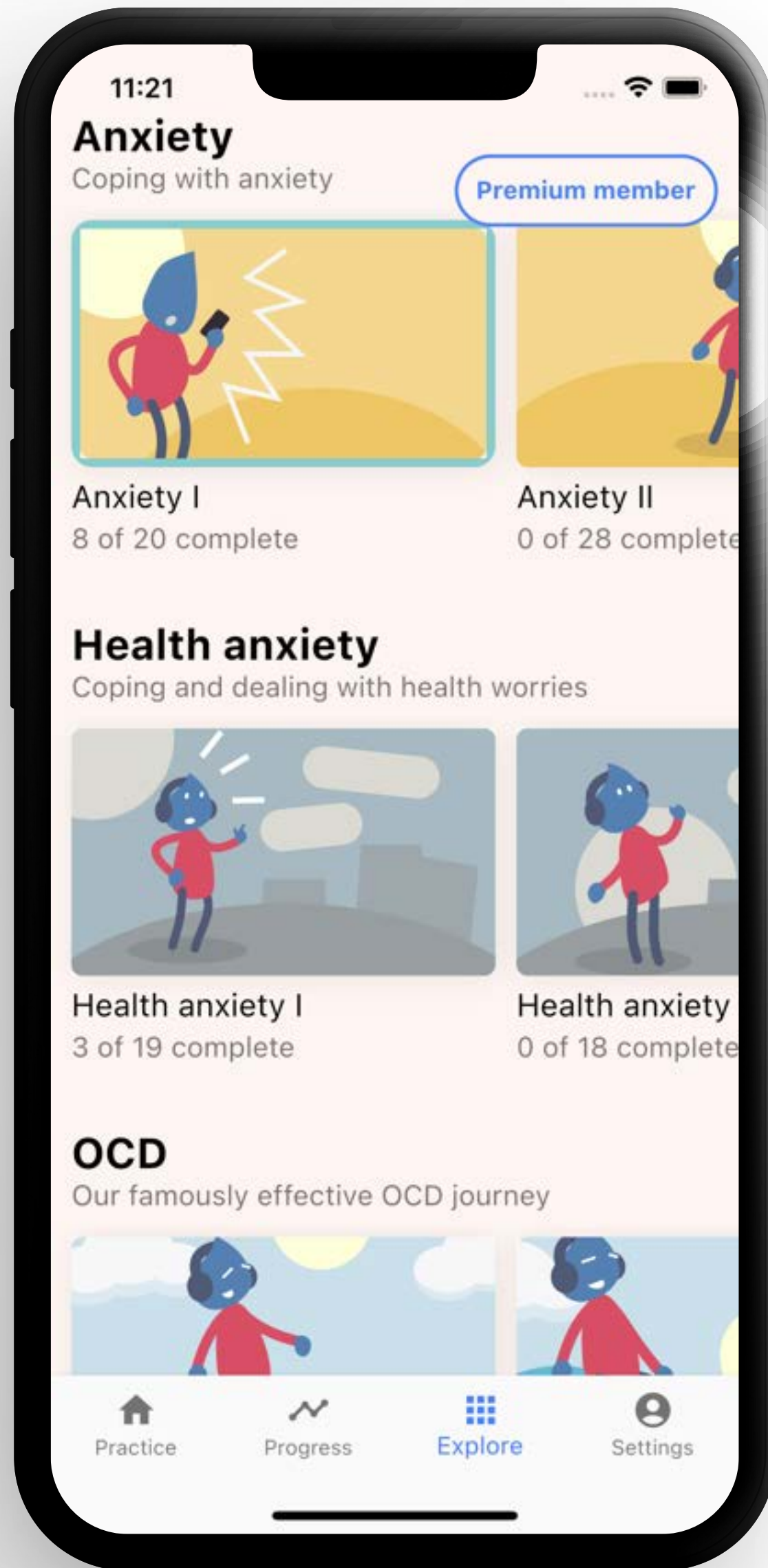
Assessments



Daily check-in



Timeline



# 18 Modules • 2-4 weeks each

All the basics + underserved audiences



Burnout



Body image



Anxiety



Thinking loops



Think



Anxiety



PTSD



Self esteem



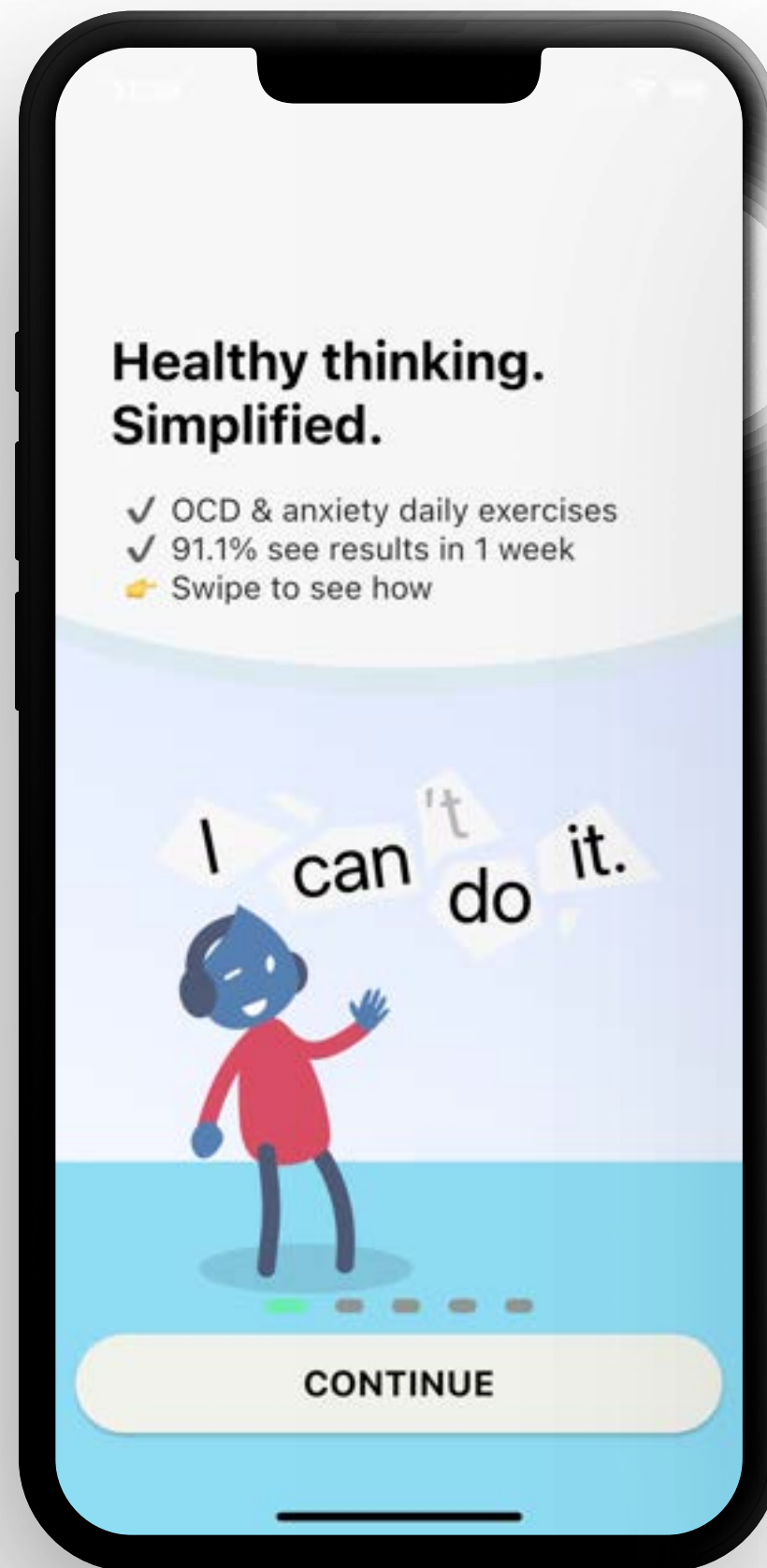
Sexuality



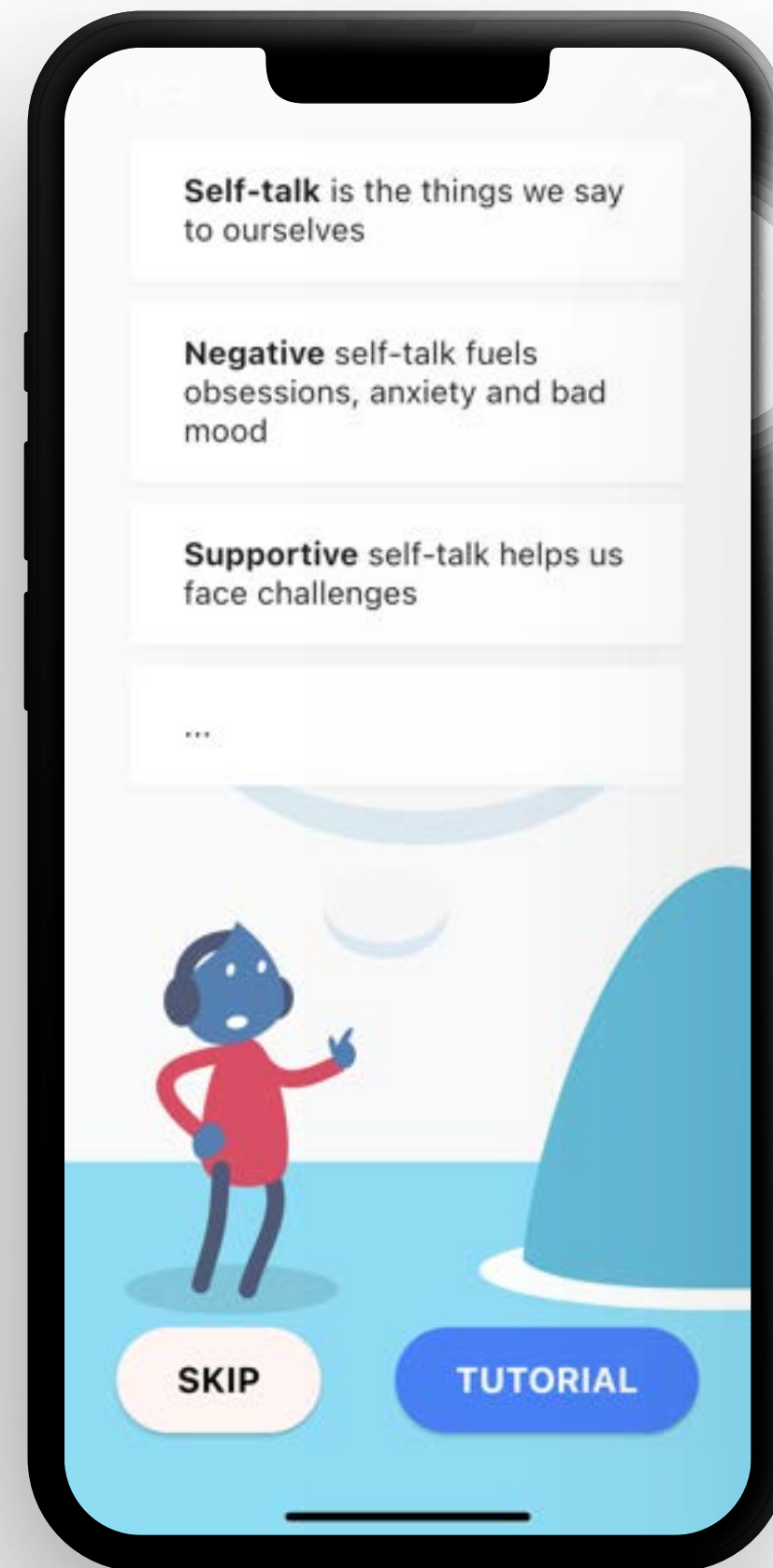
Addic



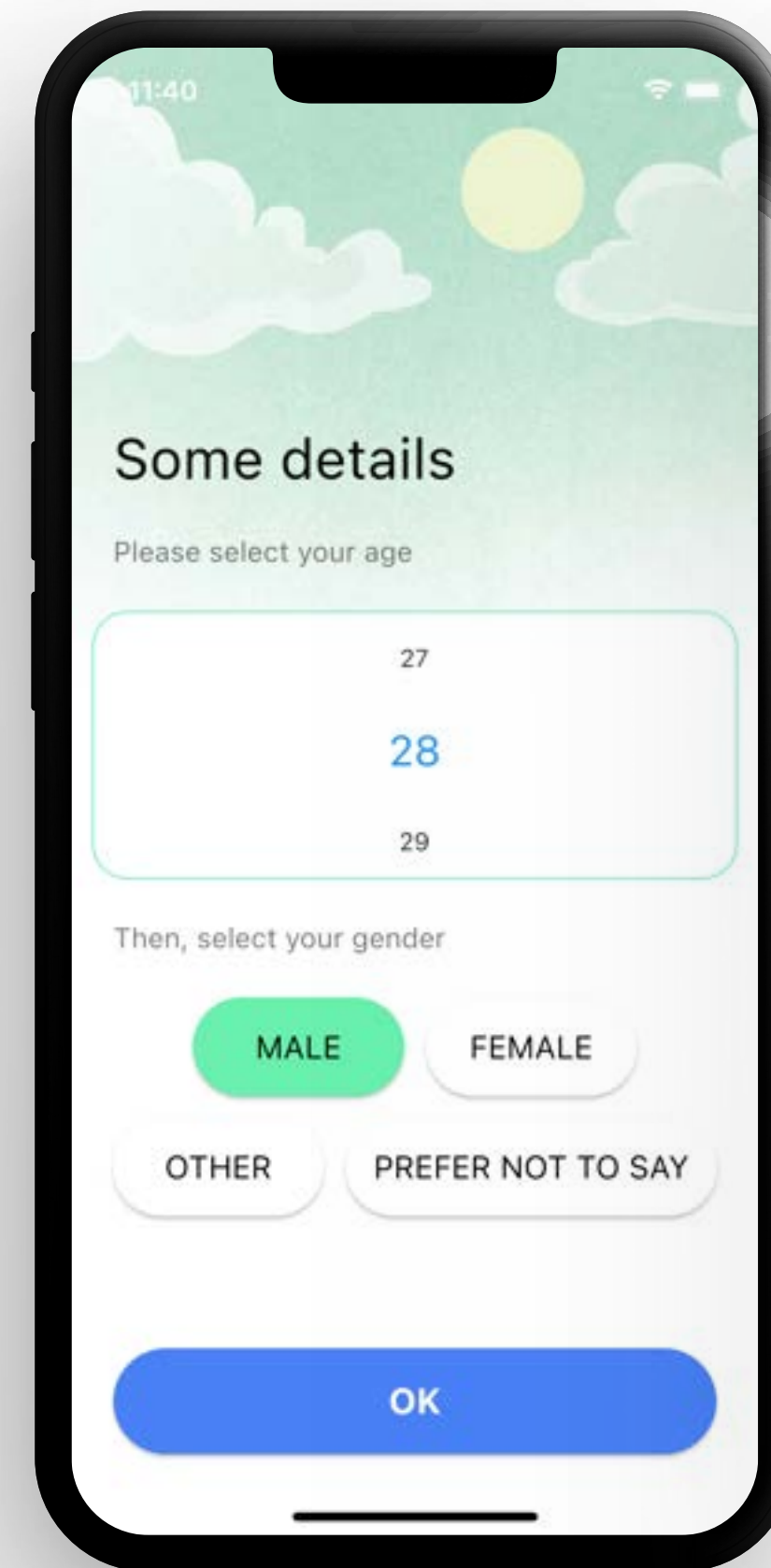
# 3 Minute onboarding



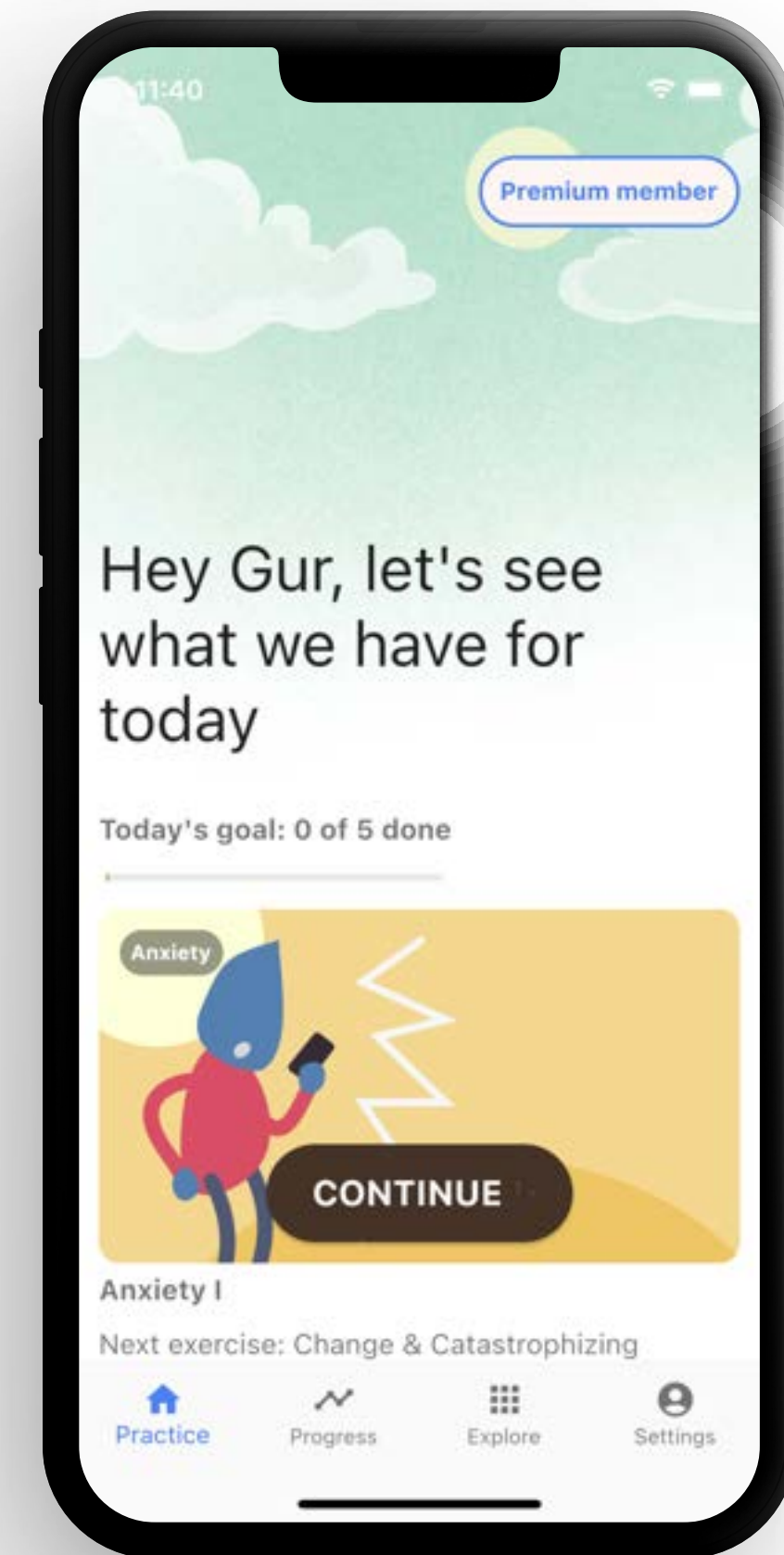
Introduction



Tutorial

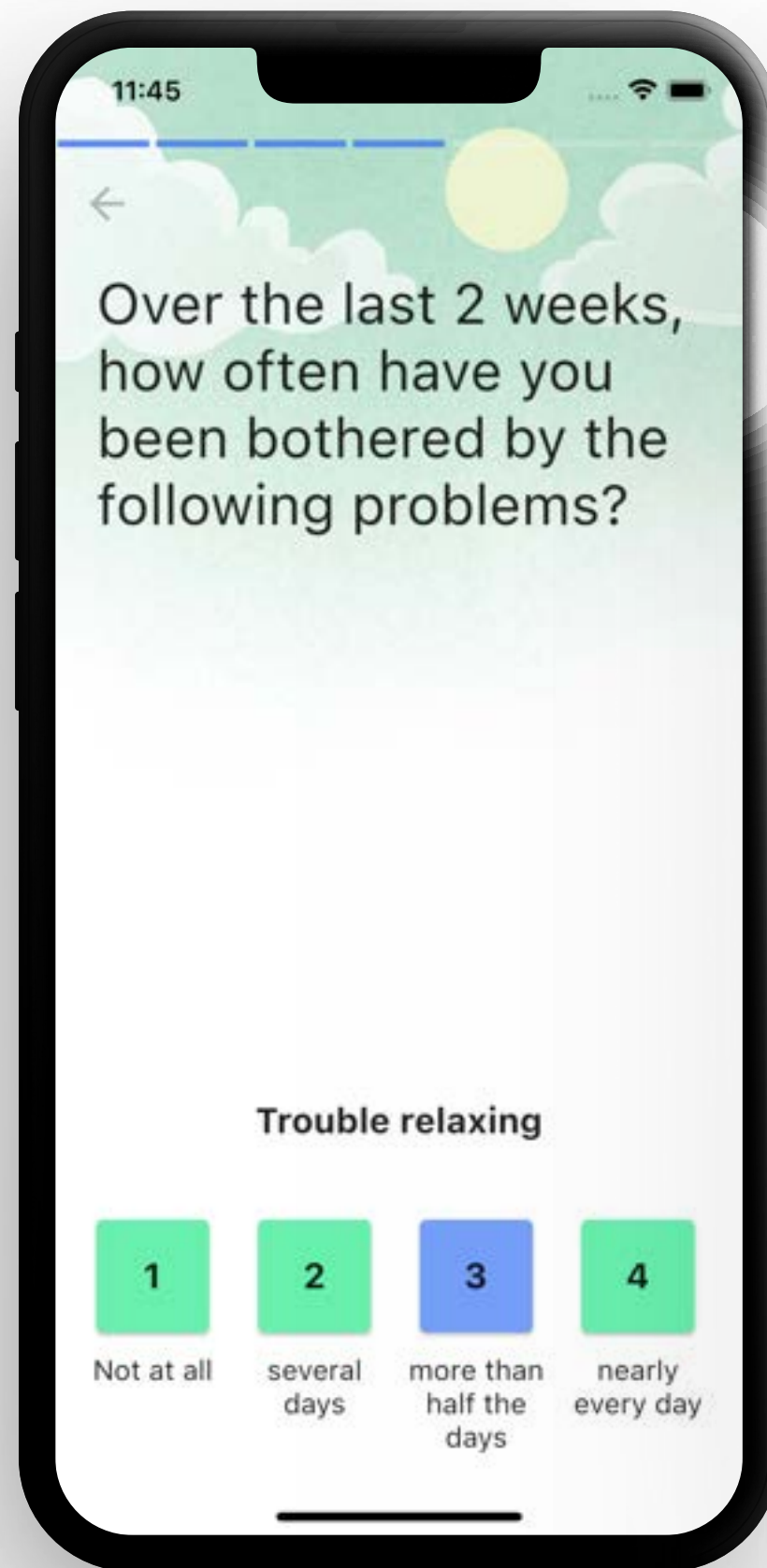


Details

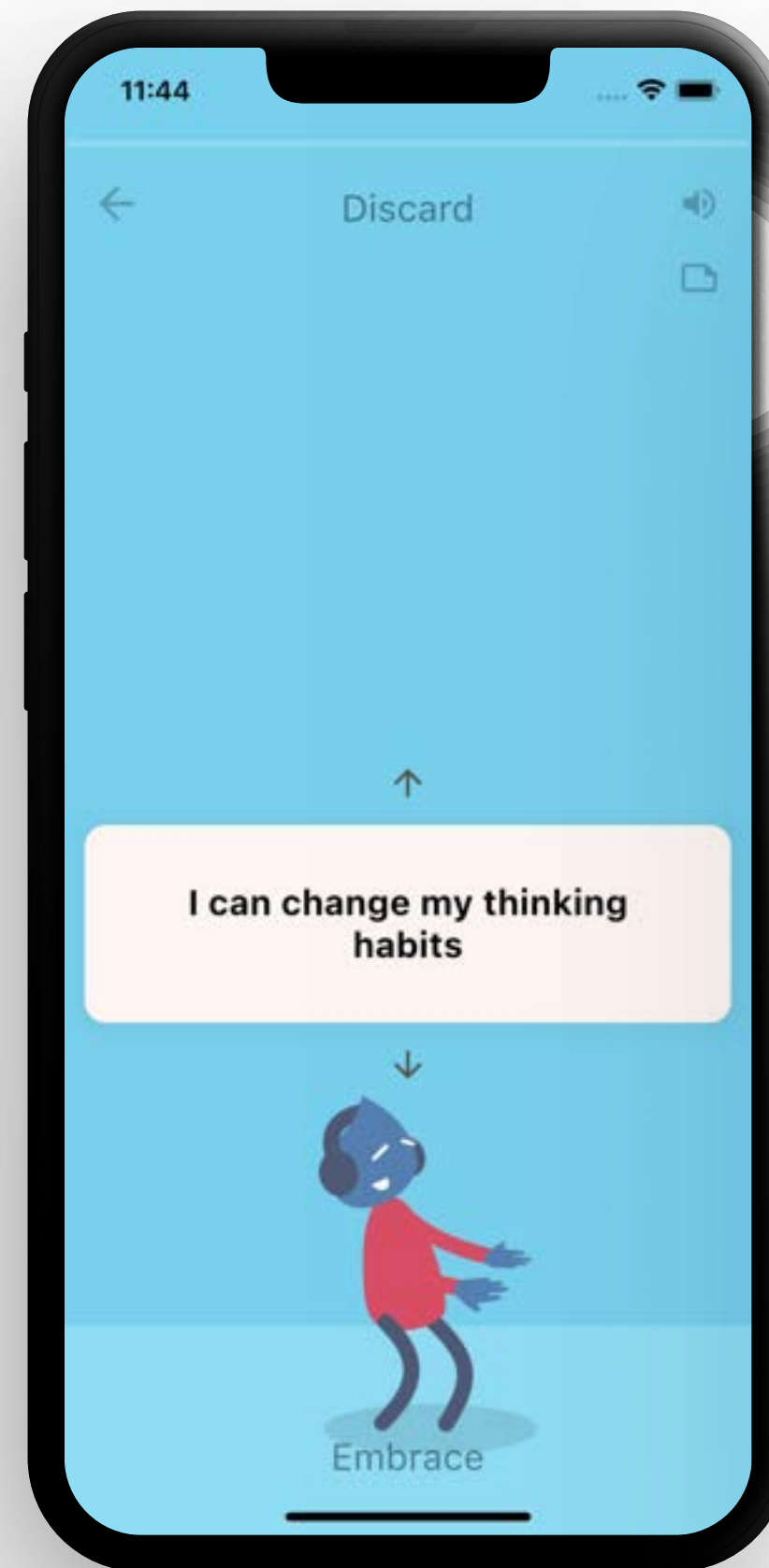


Ready to kick!

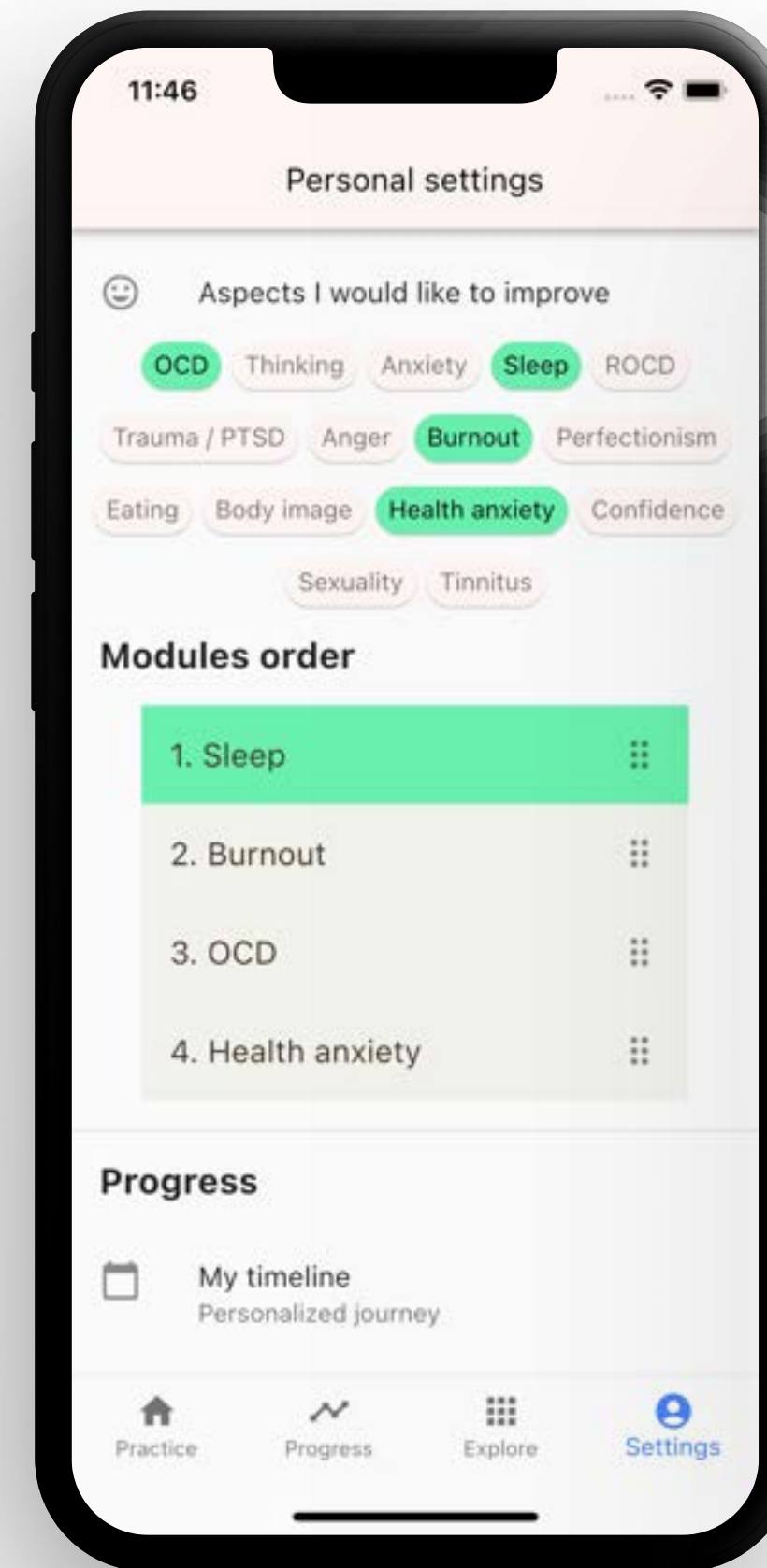
# Smart assessment



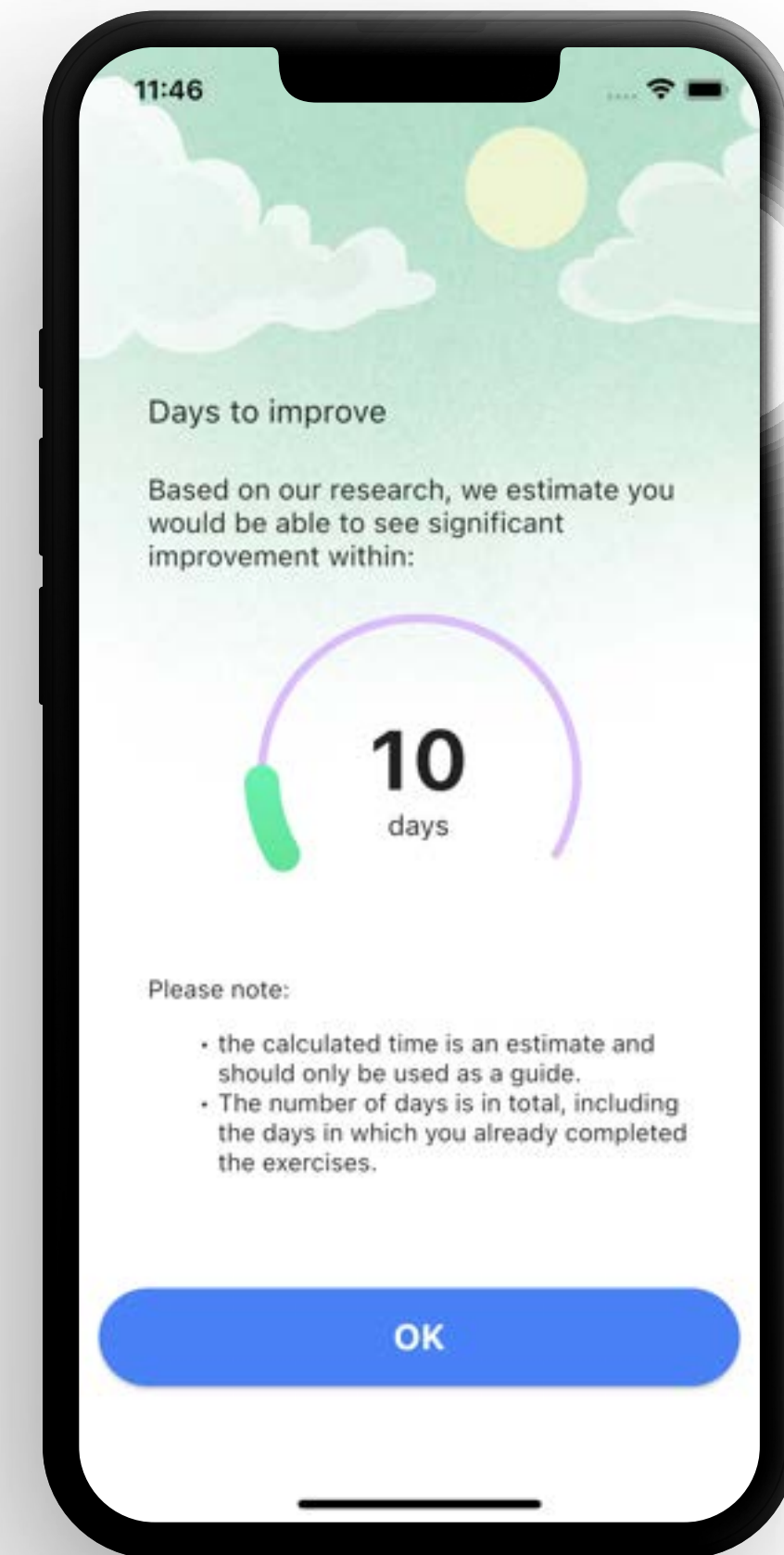
Questionnaires



Response

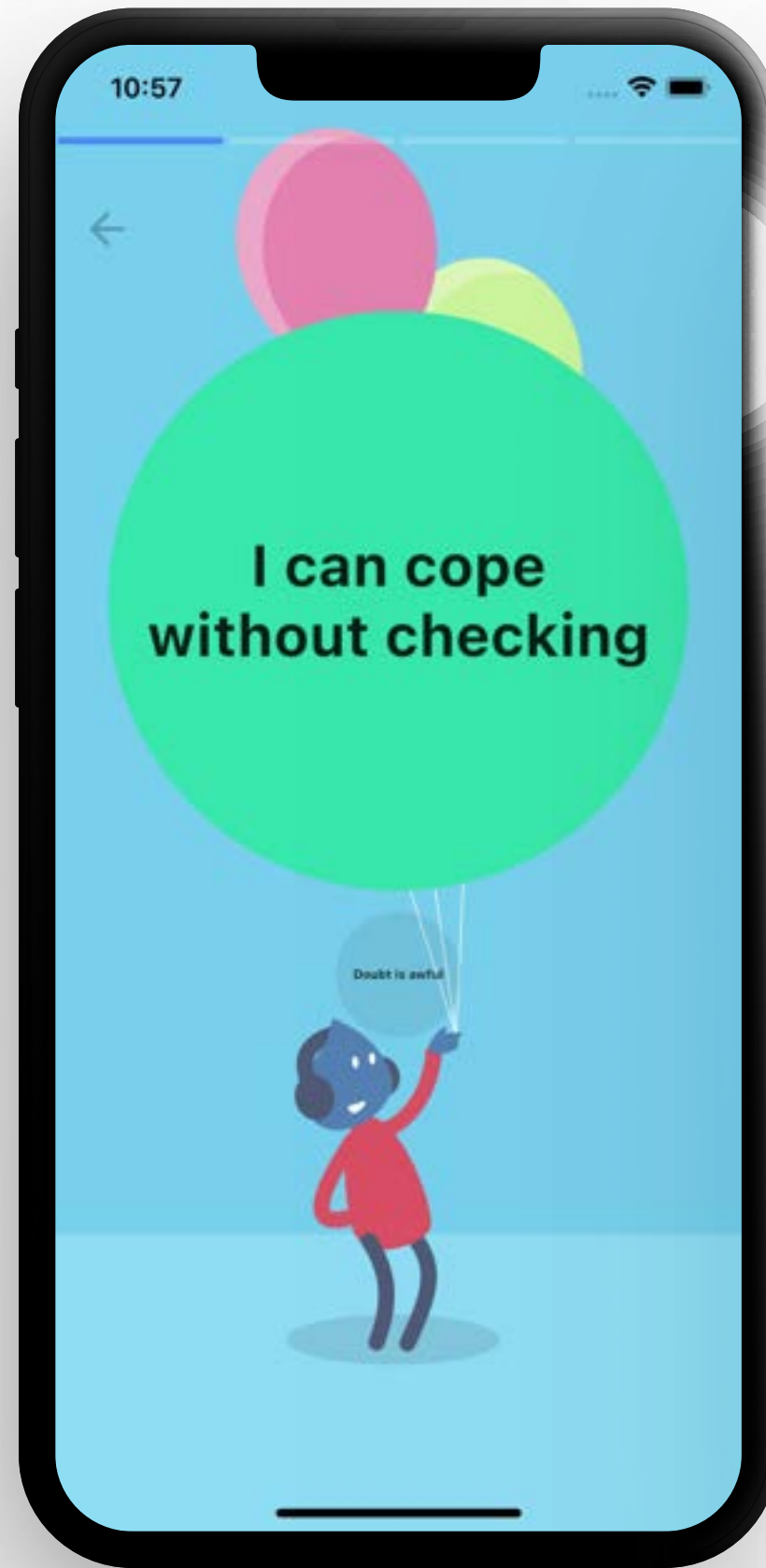


Modules

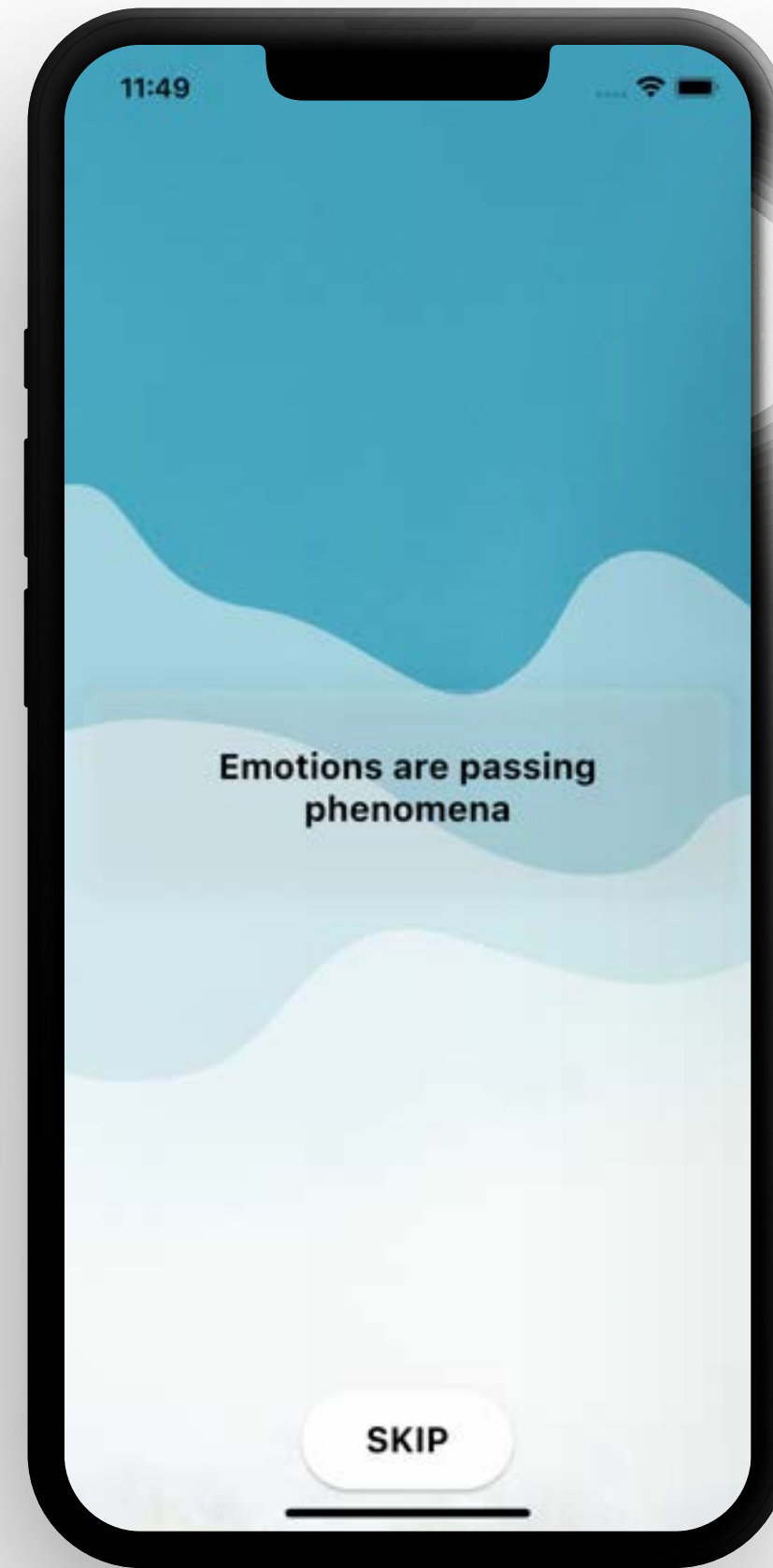


Predictive AI

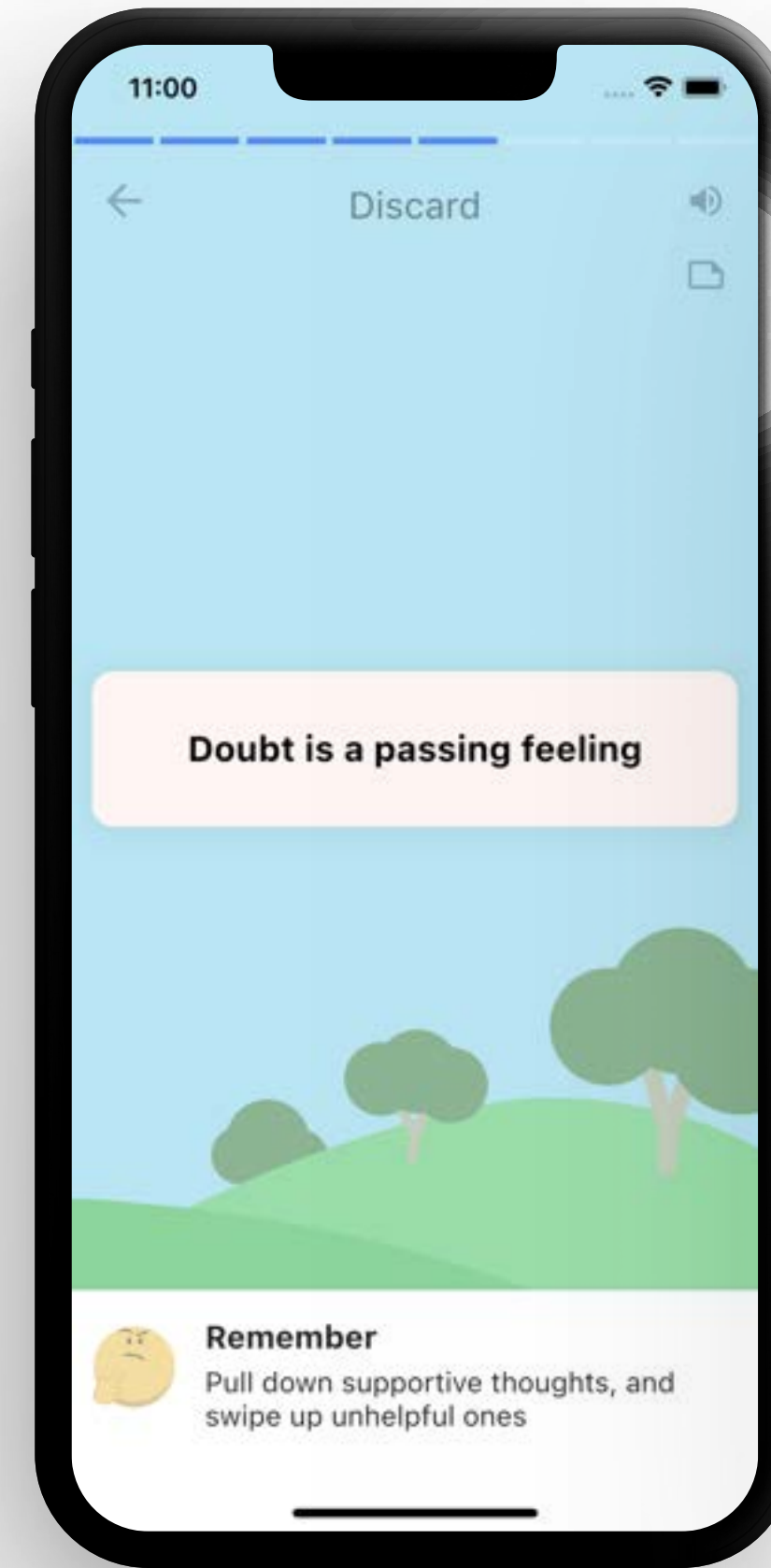
# Games & activities



Balloons



Meditation

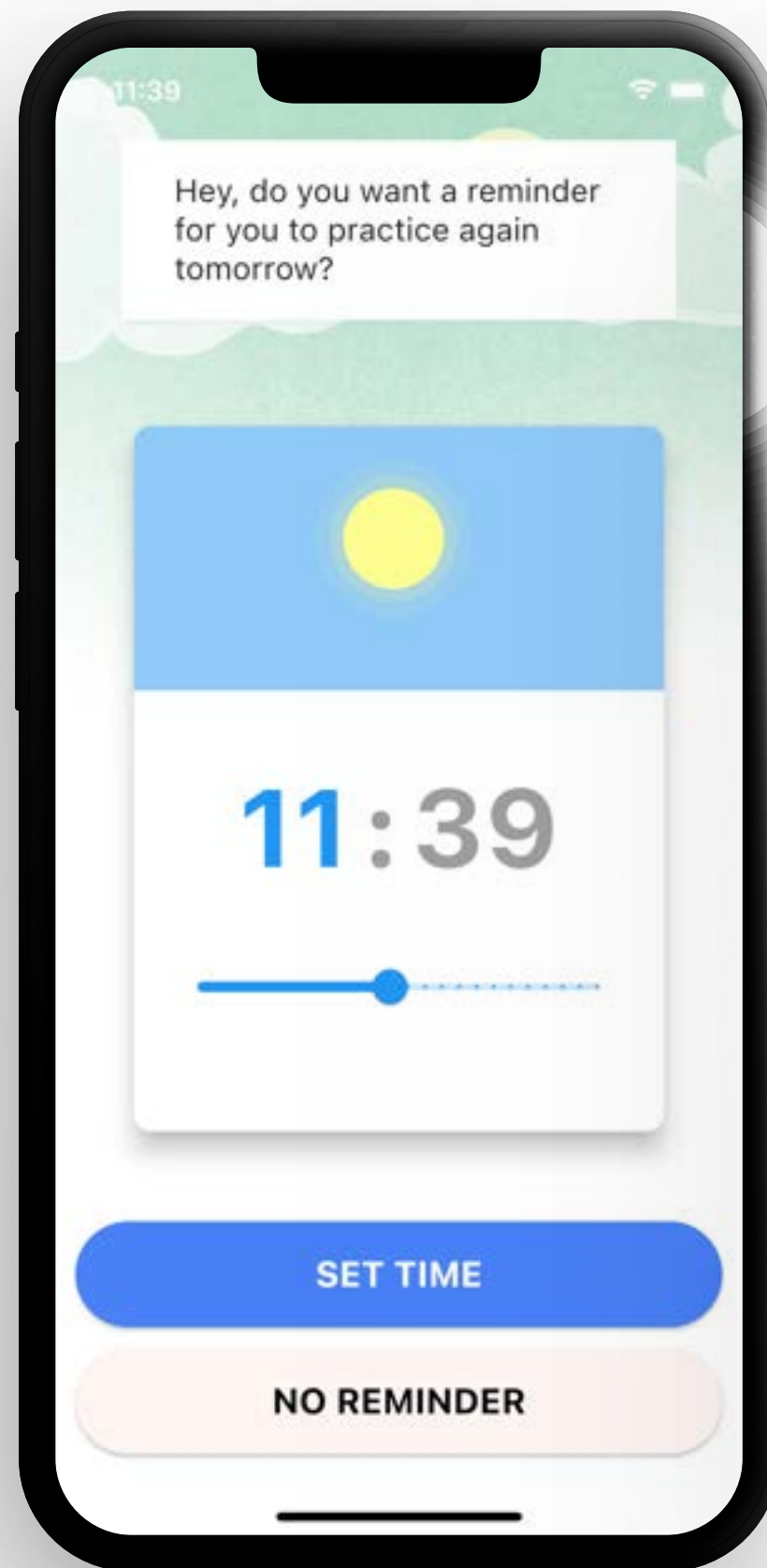


Swiping

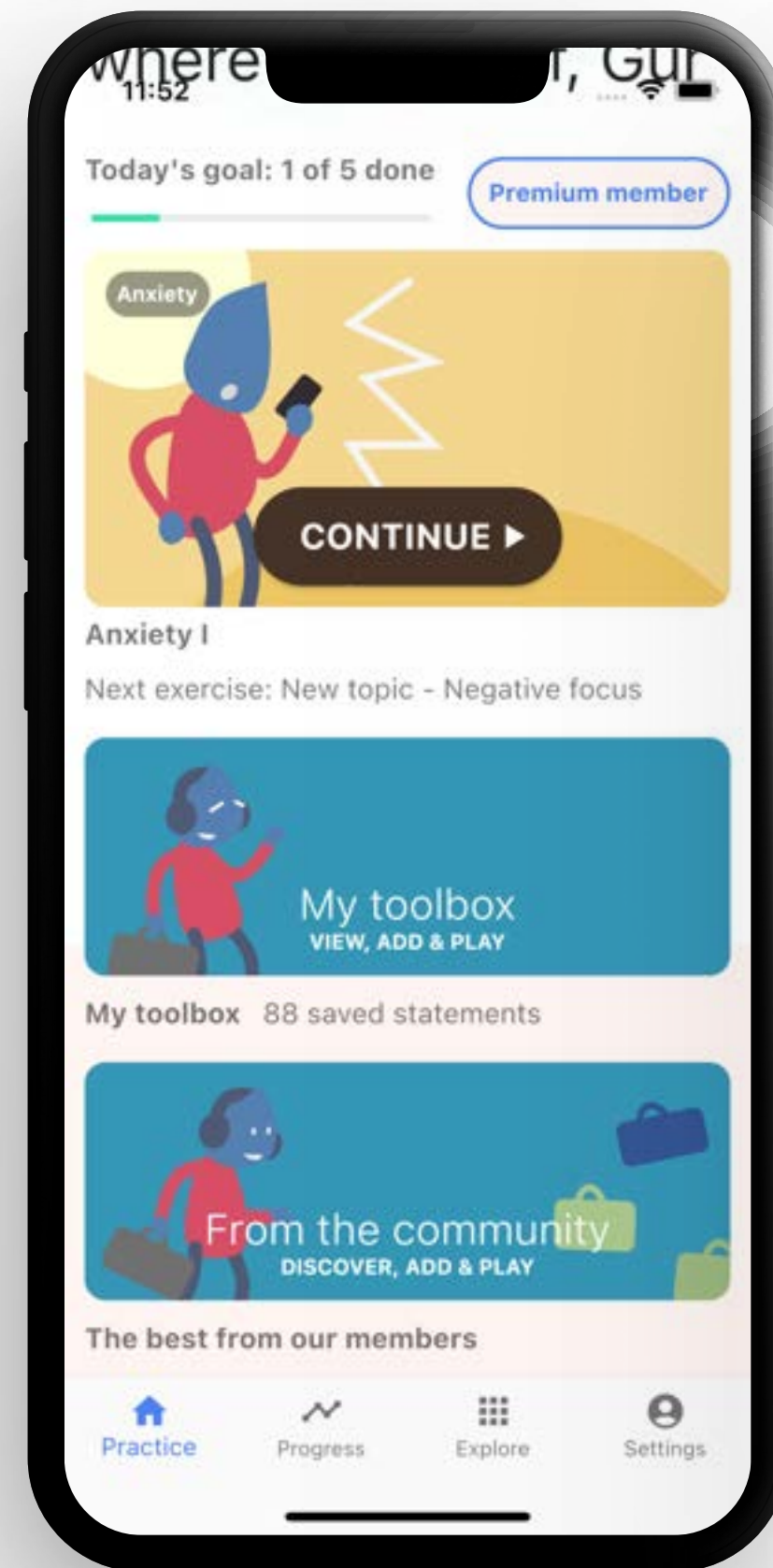


Cards

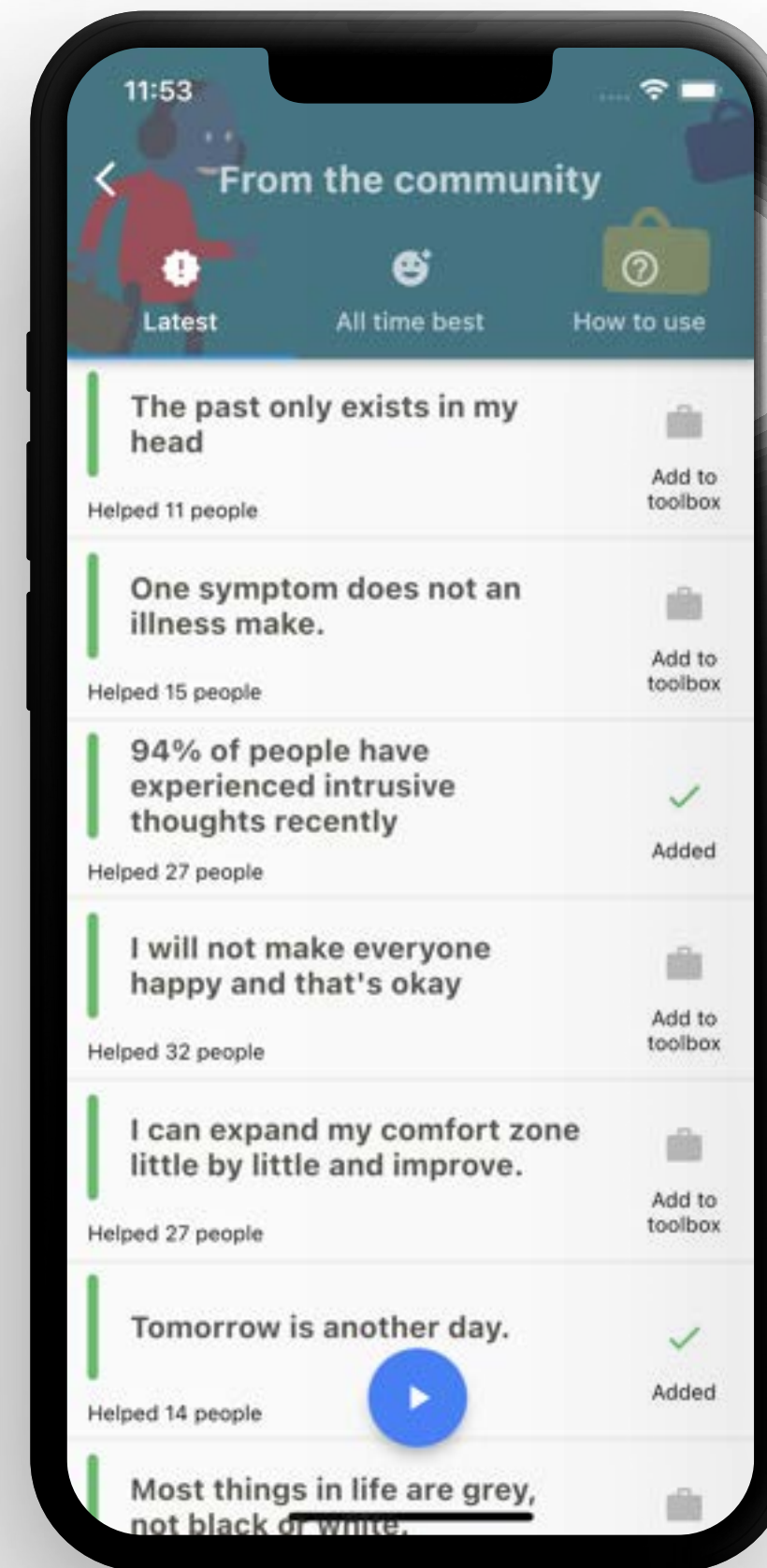
# Community & reminders



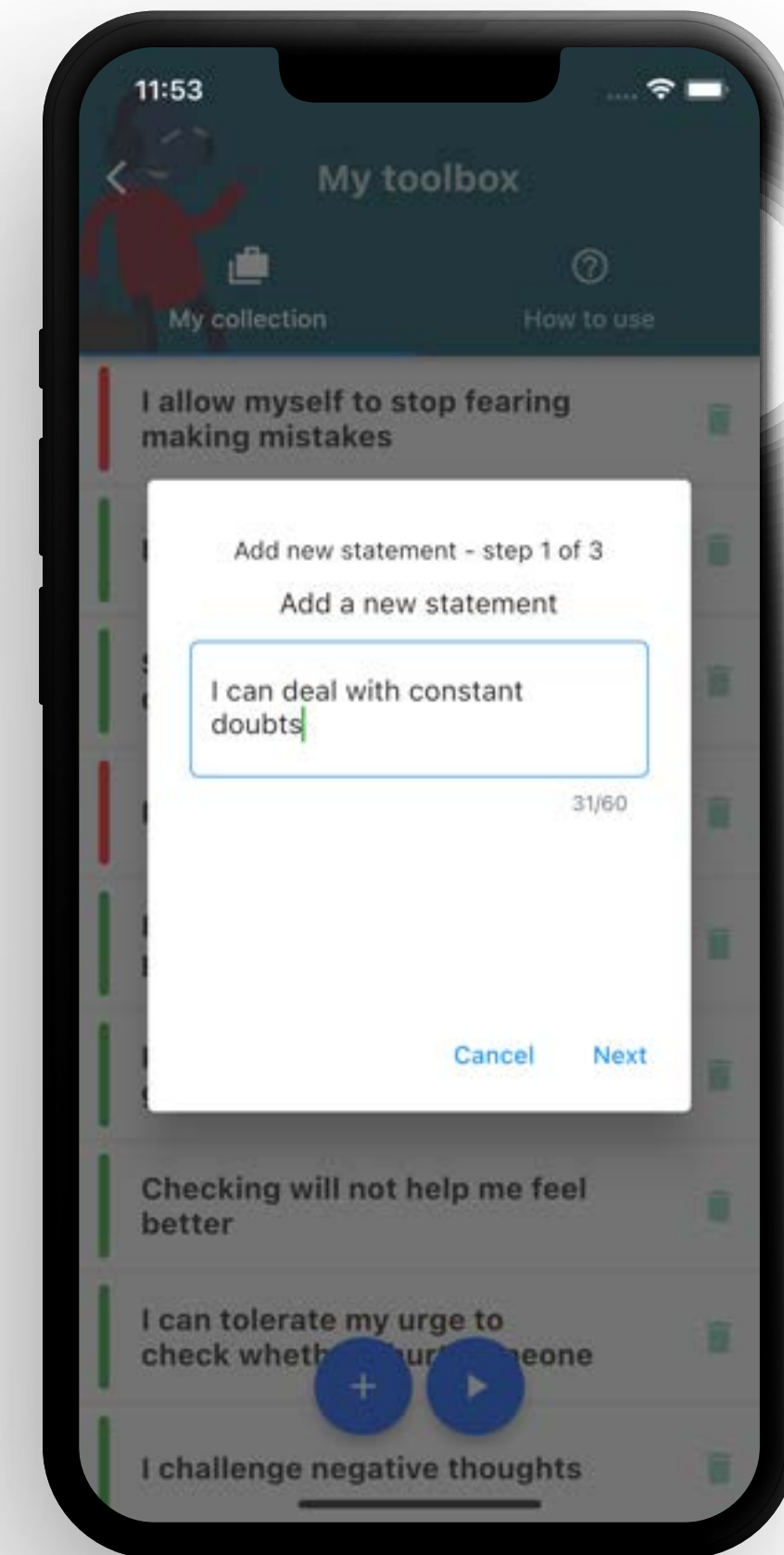
Reminders



Toolbox



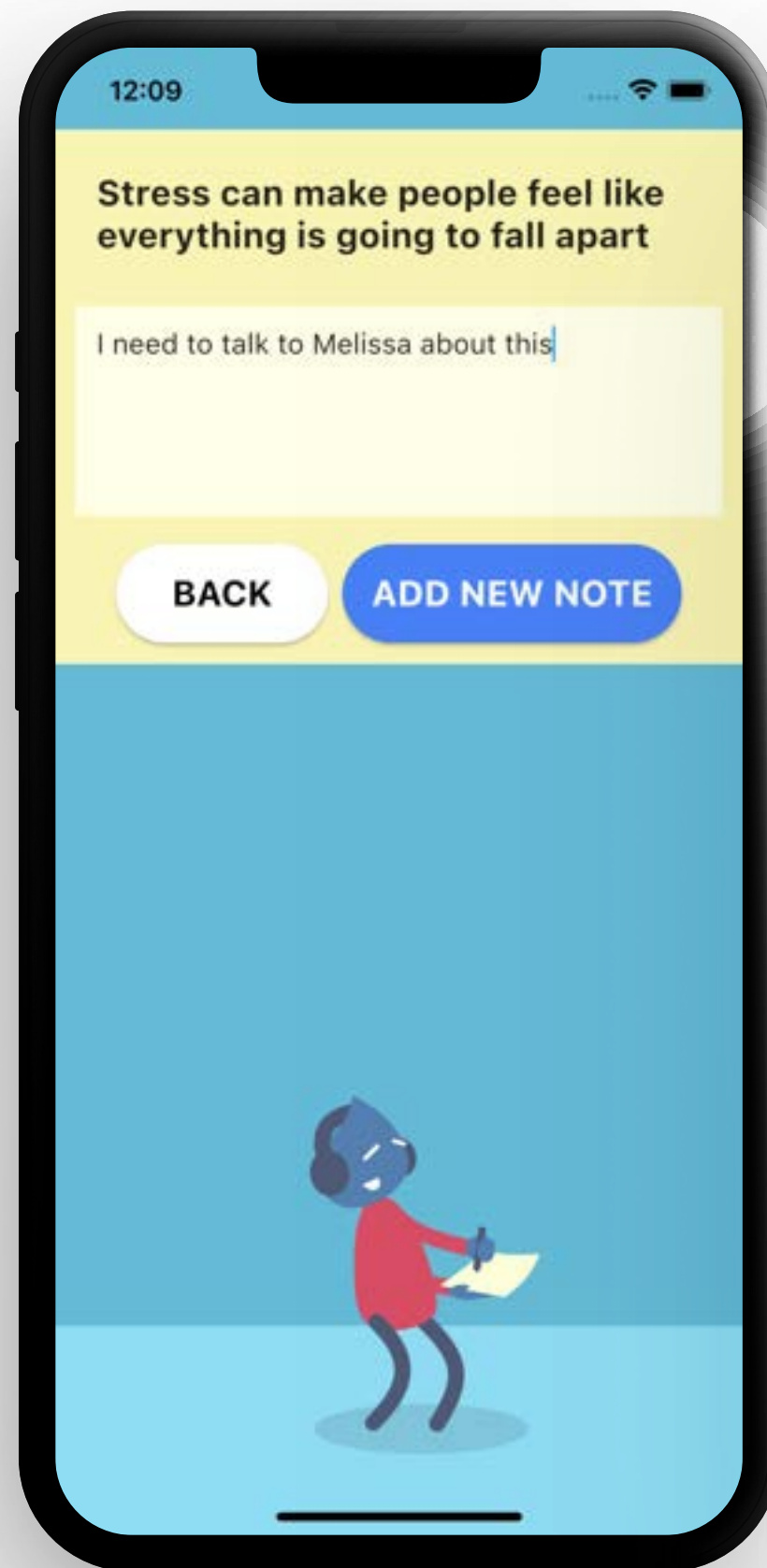
Community



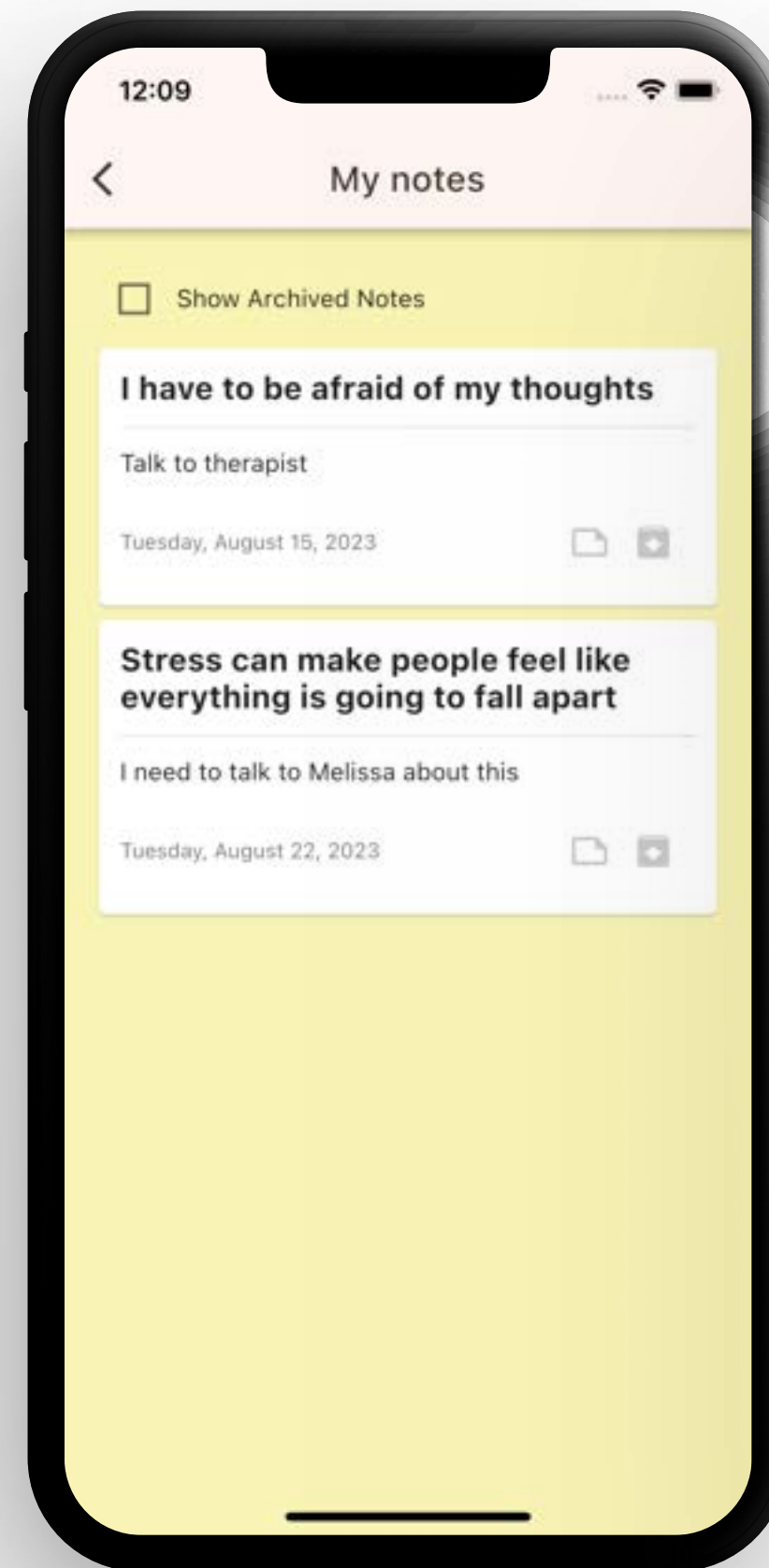
UGC



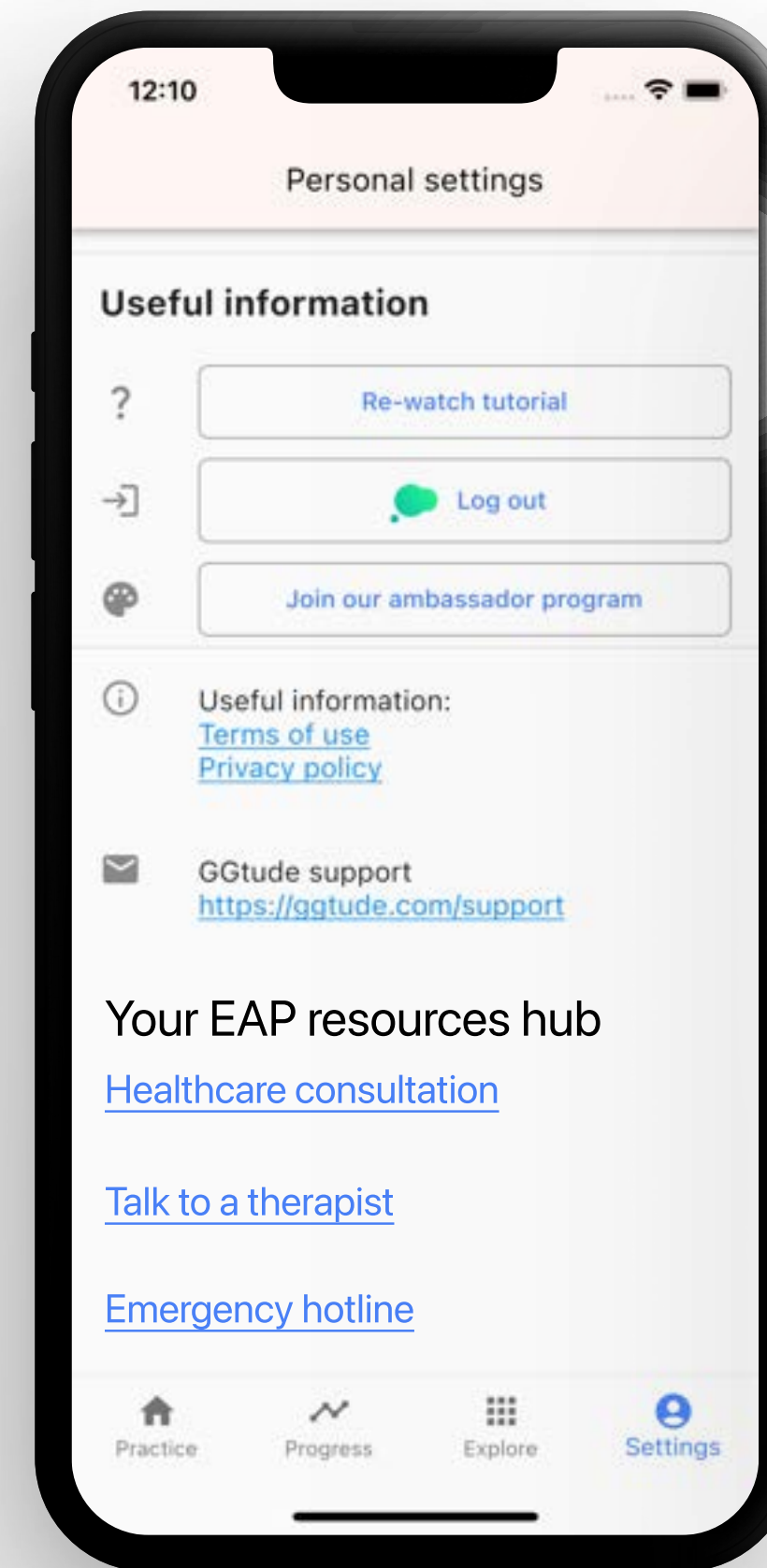
# Referrals & notes



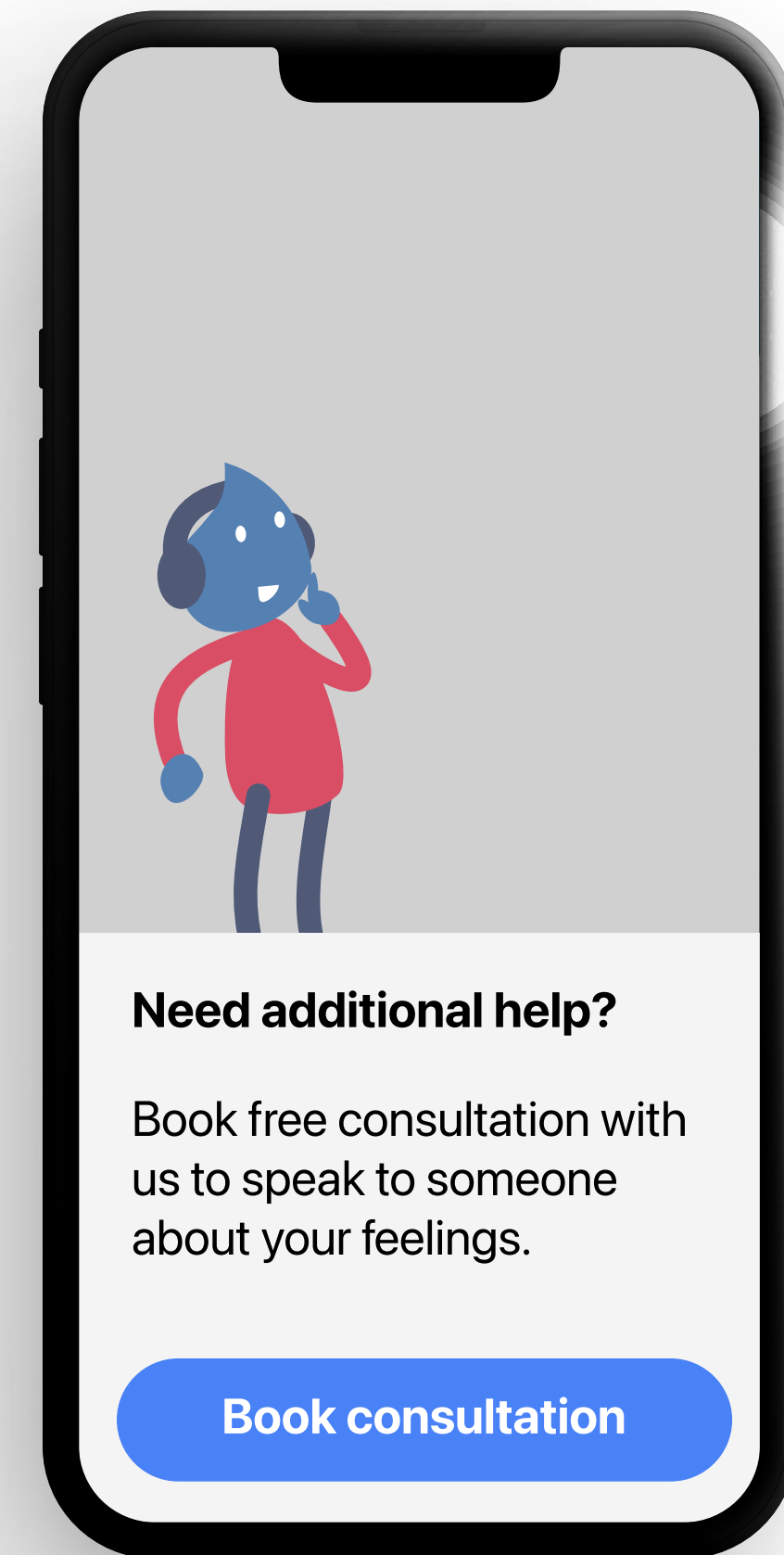
Add notes



Export



EAP gateway



Referral